

I just wanted to say thank you for all you have done for me.

You may not realise it but without the support of Saying Goodbye via Facebook, Twitter and your Service I attended at Chelmsford Cathedral, I honestly don't think I would be where I am today, which is Age 42 and holding my 19 day old newborn baby boy, a dream come true, after so much heartache, physical and mental pain and sometimes without the will to wonder how I would get through tomorrow.

I am one of those lucky people who after years of trying finally fell successfully pregnant at 36. I already have a 5 1/2 year old daughter, but for three years after her birth I suffered numerous miscarriages, and the most dreadful treatment or should I say neglect from my local hospital.

I also encountered a lack of sympathy and understanding from some friends, family and others who knew my story, and felt that because I already had one child I was being selfish or overdramatic in feeling my grief and loss for those babies, as deep and is damaging as I did.

Your organisation was a light for me to follow in my darkness it gave me hope not just that maybe one day I would be as lucky and privileged as I am sitting here now holding my son, but simply that one day I would wake up and feel joy at my life with my daughter and husband, without the juxtaposition of grief and pain at the same time over the loss of my four babies.

For so many women after losing children and babies the focus is so often not 'will I have a child?', but simply 'how do I get through tomorrow?' So I just want you all to know that simply by allowing me to speak unfiltered, hearing me, acknowledging my pain, and fighting for me and so many other couples, you all got me through so many tomorrows, and for that I am deeply grateful.

I would also like to say how valuable and vital your services are. Both myself and my husband felt a huge weight of sadness lift after attending the SG service. We cried, sobbed, lit candles and sat in silence beside each other, but both felt how strongly the service had affected us. We walked away feeling like the air was fresh, as if beginning a new chapter, finally closing the old one. Amazing.

With the warmest of Best wishes,

Nell