








Thank you for your interest in the work of the Mariposa Trust. The charity is a leading support organisation operating in the UK and globally.

The charity's objectives are:

-  To provide support to anyone who has suffered the loss of a baby, via befrienders, online portals and remembrance services
-  To campaign and lobby for improvements in medical care and support
-  To raise awareness of baby loss, grief, medical care and fertility issues
-  To offer support during pregnancy, fertility treatment, or when parents are informed the baby they are carrying has a terminal or genetic condition
-  To provide comprehensive support to those in need, in innovative ways that allow people to access the help they or a loved-one needs, at the time they need it most

The Mariposa Trust

Giving to the Mariposa Trust could not be easier.

You can go to the www.sayinggoodbye.org website and hit the 'MyDonate' button, which allows you to give a one-off payment or set up a monthly payment to the charity.

Could you become a Mariposa Angel and set up a Standing Order with your bank to donate monthly? The charity's bank details are:

Bank: Lloyds Bank
Account: The Mariposa Trust
Sort Code: 77-31-11
Account: 35880160

You can also send cheques, payable to **The Mariposa Trust**, and post them to The Mariposa Trust, PO Box 12285, Tamworth, B77 9AG.

For more information on donating to The Mariposa Trust please scan the QR code with your smartphone or visit www.sayinggoodbye.org/support/donate/



You can contact the team by email at office@sayinggoodbye.org, by telephone on 0845 293 8027 and by social media

 /sayinggoodbyeuk

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Admin Office:
PO Box 12285,
Tamworth,
B77 9AG.

Produced by the



Mariposatrust.org
Shining hope in the darkness

A guide to the support available from the Mariposa Trust and ways you can engage with the charity



Saying Goodbye



'Saying Goodbye' (the charity's primary division) provides support for anyone who has suffered baby loss, whether recent or historic, and whether through miscarriage, stillbirth, neonatal or early year's loss. Saying Goodbye provides one-to-one support via befrienders and counsellors, social media/online support, and support for children affected by the loss of their siblings. It also runs the international 'Saying Goodbye' remembrance services at cathedrals across the UK and globally. These are for anyone of any faith or no faith, are free to attend, and are a time to acknowledge and remember all babies that have been lost. As a partner of the Department of Health, the charity is working to improve the care and support of everyone who suffers baby loss. With an estimated 38,000,000 losses each year, this is truly a global issue, and the charity is leading the way in breaking down the taboo of talking about it.

Growing You



'GrowingYou' supports people through pregnancy who have previously gone through loss. Suffering baby loss can often mean subsequent pregnancies are times of trauma and fear and 'GrowingYou' allows people to receive the advice, information and reassuring support they need.

Holding Hope



The 'Holding Hope' division stands alongside people who are undergoing or considering fertility treatment. It offers befrienders, advice and other targeted support.

Waiting For You

When people choose to go through the adoption process they often benefit from walking the path with others who are on the same journey. 'Waiting For You' brings people together to share experiences, support and advice.



Love In Every Tear

When someone suffers loss it can often be an isolating time for them. 'Love In Every Tear' provides advice and support to family members and friends, as they seek to support their loved ones through the loss.

So Cherished

When parents are informed the baby they are carrying has a terminal or genetic condition, having befrienders to support them can make the world of difference. This specialised support is delivered through the SC division.



Here to Help!

Whether you simply have questions or are needing ongoing help and assistance, the team at the Mariposa Trust are here to help. More information on the work of the charity can be found at www.mariposatrust.org

For further support and advice visit www.sayinggoodbye.org or scan the QR code with your smartphone.



Can you help the charity?



Financial: The Mariposa Trust receives no government funding and survives on the generosity of companies, foundations and people like you. From making a one off donation to supporting the charity on a monthly basis, every penny counts and the opportunity to get involved in our work doesn't stop there.



Events: We have charity events throughout the year, including the Mariposa Balls, which raise money for the charity...could you attend?



Volunteer: We are always needing people to join our team of awesome volunteers. Whether you have an hour a week, or perhaps a day or two; we need you!

Fundraising

From little ideas come great things. We need people like you to help join our amazing team of fundraisers.

- Could you bake cakes, sew items, and sell them at work, college or craft sale?
- Could you run a fun run, 5K, 10K, Marathon or even further?
- Could you take on a long distance cycling, swimming or walking challenge?
- Could you skydive or zipwire as part of 'Jump for Love'?
- Could you arrange a gala night, quiz evening or ball for the charity?

Whatever your skills, we need you!...

To join our fundraising team, please email them at fundraising@sayinggoodbye.org