Saying Goodbye

When a baby is lost, whether during pregnancy, at birth or in infancy, it is a devastating experience for the parents and the extended family.

Sadly for people that lose prior to 24-weeks gestation, services to commemorate the life that has been lost are seldom held, while for parents who lose later in pregnancy, at birth or in early years, the parents are usually in the depths of grief when a service is held.

The Saying Goodbye services are the first international set of remembrance services, for people who have suffered the loss of a baby at any stage, and whether that be recently or decades ago. **They provide a time and place to acknowledge and remember your baby, whilst collectively 'saying goodbye'.**

The services also welcome anyone grieving the fact that they have been unable to have children.

The services are for people of any faith or no faith, are free to attend, no tickets need to be booked, and people are invited to bring family, friends and children with them. Held at cathedrals and similar venues across the globe, chosen for their beauty and grandeur; a wonderful tribute is created for all lost babies.

Together we will stand and say, "our children may have only been on this earth for days, weeks, months or years, but they were truly loved, and will always be missed!"

13 July 2019 | 3.00pm | Manchester Cathedral, Manchester

For up to date service details, please see **www.sayinggoodbye.org**

The Mariposa Trust is the charity that runs the Saying Goodbye services, and is supported by wonderful Ambassadors including Professor Robert Winston, Nigella Lawson, Jools Oliver, Mary Nightingale, Kym Marsh, Caroline Quentin, Julie Etchingham and Professor Lesley Regan.

GrowingYou Saying Goodbye Mariposa Trust